

DRAFT PROGRAMME

Saturday 5 November

10.00am Coffee and registration

SESSION ONE

10.30am Opening comments
Peter Finch
NZSP Organiser

10.35am Welcome
David Bovey
Rector, PNBHS

10.45am Culture and performance within the Olympic environment
Trevor Shailer
Deputy Chef de Mission, Rio Olympics

11.45pm Lunch

SESSION TWO

12.30pm Performance Analysis: The Alchemy of Sport
Paul Macdermid
Massey University

1.00pm Coaching Holistic Athletes
Yvette McCausland-Durie
Manukura, Kura Awa

1.30pm Successful coaching: Is it about style, substance, or something else?
Alex McKenzie
High Performance Sport New Zealand

2.00pm Drug Free Sport New Zealand
Sian Clancy
Drug Free Sport New Zealand

2.30pm Afternoon Tea

SESSION THREE

- 3.00pm Sport NZ Talent Plan
Alex Chiet
Sport NZ
- 4.00pm ACC SportSmart Warm Up in Schools
Sadie Verity
Accident Compensation Corporation
- 4.30pm Gym, swimming at PNBHS
- 6.00pm Welcome Reception

Sunday 6 November

- 8.30am Coffee
- 9.00am To be arranged

SESSION FOUR

- 11.00am Managing the Mind/Body Partnership Under Pressure
Gary Hermansson
Massey University
- 12.00pm Lunch
- 12.40pm Meaningful metrics: rethinking our approach to performance
Phillips, K. E.
Cycling New Zealand
- 1.40pm Maximising nutrition with a virtual food tour for athletes
Kate Morland
Studio Rubix Ltd, Palmerston North
- 2.10pm Tāne Ora Alliance: Balancing Performance, Wellbeing and Indigeneity
Luke Rowe
Central PHO

2.40pm Afternoon tea

SESSION FIVE

3.00pm The College Recruiting Game: How Technology Changes the Search for the Right School
Ryan Somers
NCSA Athletic Recruiting, USA

4.00pm The Hip, Pelvis and Lumbar Spine – one Kinetic complex in Relation to injury prevention in the Athlete
Mike Harnett
Rehab Physio Centre

4.40pm No Money, No Problem – Building a Performance Programme without a Budget
Joe Hitchcock
Badminton New Zealand

5.10pm Gym, swimming at PNBHS

7.00pm Conference Dinner
Speaker: Mark Stafford

Monday 7 November

8.30am Coffee

SESSION SIX

9.00am High-intensity interval training: Solutions to the programming puzzle
Paul Laursen
AUT

10.00am Morning Tea

10.20am Developing Collective Leadership and Team Culture
Andy Martin
Massey University

- 11.20pm The Need for Functional Movement Skills.
Peter Finch
Palmerston North Boys' High School
- 11.50am Team Culture and Leadership: Applying Theory to Practice in Netball
Lana McCarthy
Massey University
- 12.20pm Lunch

SESSION SEVEN

- 1.00pm The Story of Arthur Lydiard and the science behind his success with endurance athletes
Steve Stannard
Massey University
- 2.00pm The Mind of a Referee
Matt Conger
New Zealand Football
- 2.30pm Afternoon Tea
- 2.50pm Smart Sleep
Leigh Signal
Massey University
- 3.50pm Oh Captain My Captain - exploring leadership in a team environment
Paul King
Palmerston North Boys' High School
- 4.20pm Conference finish